

7 HABITS OF HAPPY KIDS: HABIT 1

Be Proactive-You're In Charge



This week we're focusing on Habit 1. It teaches students to be in charge of their own lives, to take responsibility.

To the right you'll find a checklist of characteristics of someone who practices Being Proactive. While students are encouraged to use these characteristics at school, please reinforce them at home as well.

- be responsible
- take initiative
- have a good attitude
- make good choices
- do the right thing without being asked

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7 HABITS OF HAPPY KIDS: HABIT 2

Begin with the End in Mind- Have a Plan



This week we're focusing on Habit 2. It teaches students to not only set goals in life, but to have a plan to reach those goals as well.

To the right you'll find a checklist of characteristics of someone who Begins with the End in Mind. While students are encouraged to use these characteristics at school, please reinforce them at home as well.

- plan ahead
- set goals
- be a good citizen
- contribute to the school's mission and vision

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7 HABITS OF HAPPY KIDS: HABIT 3

Put First Things First- Work First, Then Play



This week we're focusing on Habit 3. It teaches students to set priorities and spend time on their most important responsibilities.

To the right you'll find a checklist of characteristics of someone who Puts First Things First. While students are encouraged to use these characteristics at school, please reinforce them at home as well.

- set priorities
- be organized
- be disciplined

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7 HABITS OF HAPPY KIDS: HABIT 4

Think Win Win- Everyone Can Win



This week we're focusing on Habit 4. It teaches students that everyone can be a winner.

To the right you'll find a checklist of characteristics of someone who Thinks Win-Win. While students are encouraged to use these characteristics at school, please reinforce them at home as well.

- encourage others
- solve conflicts
- be considerate
- be a bucket filler

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7 HABITS OF HAPPY KIDS: HABIT 5

*Seek First to Understand, Then to be Understood
Listen Before You Talk*



This week we're focusing on Habit 5. It teaches students to listen to the speaker, think, and then respond.

To the right you'll find a checklist of characteristics of someone who Seeks First to Understand. While students are encouraged to use these characteristics at school, please reinforce them at home as well.

- be a good listener
- look at the speaker
- be confident

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7 HABITS OF HAPPY KIDS: HABIT 6

Synergize - Together is Better



This week we're focusing on Habit 6. It teaches students the benefits of working together.

To the right you'll find a checklist of characteristics of someone who Synergize. While students are encouraged to use these characteristics at school, please reinforce them at home as well.

- help others
- be humble
- work well in teams
- value others' ideas and strengths

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7 HABITS OF HAPPY KIDS: HABIT 7

Sharpen the Saw - Balance Feels Best



This week we're focusing on Habit 7. It teaches students to balance responsibilities with recreation.

To the right you'll find a checklist of characteristics of someone who Sharpens the Saw. While students are encouraged to use these characteristics at school, please reinforce them at home as well.

A rectangular box with rounded corners, containing a checklist. A magnifying glass icon is at the top center of the box. The checklist items are:

- eat right
- exercise
- get enough sleep
- help others

7 HABITS OF HAPPY KIDS: HABIT 7

Sharpen the Saw - Balance Feels Best



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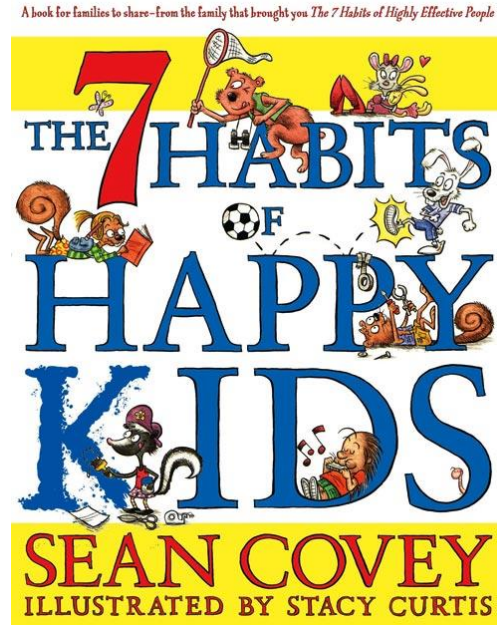
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Note: This product was created to use with the 7 Habits of Happy Kids.

If you have any questions please email me at jessicaysanders@gmail.com.
Check out my blog at <http://jessicaywinston.blogspot.com> for other ideas and activities.



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